

# ***POWERJOG***

SELF-PROPELLED TREADMILL WITH RESISTANCE



***NO MAINTENANCE***

***NO ELECTRICAL COST***

***100% RUNNING EXPERIENCE***



***metagenics.ca***

# POWERJOG

## Self-propelled Treadmill with Resistance

Walk, jog or sprint instantly with no intervention other than shifting your body forward to accelerate or backwards to slow down or stop, no need to touch any buttons in the console. Adding some resistance, depending on the user body weight, is vital to walk comfortably. The curve surface encourages the user to run using the balls of the feet improving posture, reducing joint impact, improving performance and burning up to 30% more calories compared to electric treadmills. 100% muscle activation, your body is the motor. The rubber slats give the user incredible shock absorption with low foot impact.



### Specifications:

- Self-propelled treadmill curved design for heavy 24/7 commercial use. No power required and built like a tank.
- 8 levels of magnetic resistance that allow users to use it as a SLED and for special training.
- Running surface: L 1,650 mm \* W 480 mm (L 65" \* W 19"). Sixty rubber molded slats 10mm thick that provide great comfort and shock absorption to protect the joints.
- Treadmill size: L 1,670 mm \* W 900 mm \* H 1,420 mm (L 66" \* W 35.5" \* H 56").
- Water bottle holder and rubberized dual handle bars with plenty of grip positions.
- LCD console measures; speed (km/hr), time (km), distance, calories, watts, RPM & Heart rate.
- No speed limit and ideal for interval training or athletic training.
- Drive system: 162 ball bearings and 14 guide rollers support the slat treadbelt.
- Safety; long and dual handrails with reverse treadbelt movement protection.
- Construction; high quality commercial Q235/ASTMA36 welded steel construction frame and powder coated rust resistance paint.
- Maximum user weight: 500 lb for running, 800 lb for walking.
- Treadmill weight: 430 lbs with two front transport wheels and a rear bar for easy portability.
- Warranty: Frame & treadbelt; 10 years. Parts: 5 years. Life expectancy for treadbelt is about 150,000 miles.



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