

METAGENICS FITNESS INC

Ironman Functional Trainer LC 9000

OUR UNIQUE AND VERSATILE IRONMAN FUNCTIONAL TRAINER.

- **8 UNIQUE TRAINING SPACES**
- **CUSTOMIZABLE TO YOUR NEEDS**
- **ALLOWS FOR MULTIPLE USERS**



FEATURES INCLUDED:

- **FUNTIONAL TRAINER STATION (2 CABLES AND 2 STACKS OF 200 LBS EACH)**
- **SQUAT RACK STATION WITH OLYMPIC BAR AND SAFETY CATCHES**
- **2 LANDMINE STATIONS (WITH 2 OLYMPIC BARS AND 1 ROW HANDLE)**
- **CHIN UP BAR STATION**
- **ADJUSTABLE CHEST/TRICEP DIP STATION**
- **ADJUSTABLE STEP UP PLATFORM STATION**
- **10-HANDLE MONKEY BAR STATION**
- **BOXING BAG CONNECTOR STATION (1 BOXING BAG INCLUDED)**
- **SEVERAL U-SHAPE ANCHORS FOR BATTLE ROPES**
- **FOUR KETTLE BELL HOLDERS AND FOUR HANGERS FOR CHAINS AND RESISTANCE BANDS**
- **SPEED BAG**

ADDITIONAL FEATURES:

- **ROLLING MONKEY BAR**
- **MEDICINE BALL REBOUNDER**
- **AGILITY LADDER**
- **TRX SUSPENSION TRAINERS**
- **STEP**

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ROLLING MONKEY BAR



ROW HANDLE

CHEST/TRICEP DIP BAR

STEP PLATFORM



DIMENSIONS



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- **MULTIPLE USERS**
- **HIGH SPACE EFFICIENCY**
- **NUMEROUS EXERCISES**

**YOUTUBE VIDEO
FEATURING THE
IRONMAN
TRAINER:**



<https://www.youtube.com/watch?v=Qd42-Pps8q4>

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4640 CAULFEILD DRIVE, WEST VANCOUVER B.C, V7W1E8

PH: 604-921-2098 FAX: 604-921-2386 TOLL FREE: 1-800-987-2943

WWW.METAGENICS.CA FITNESS@METAGENICS.CA

