

# OUTDOOR STRENGTH EQUIPMENT

THE CONCEPT USED ON THE OUTDOOR MACHINES TO ACHIEVE ADJUSTABLE RESISTANCE LOAD IS BASED ON TWO BLOCKS OF STEEL THAT ROLL ALONG A MARKED STEEL TUBE AND WHEN MOVED BACK AND FORTH, WILL PROVIDE USERS WITH RESISTANCE FROM 10 LBS TO 200 LBS AND 250 LBS FOR THE SQUAT PRESS WITHOUT THE NEED OF USING PULLEYS, CABLES AND CONVENTIONAL STACKS THAT ARE NOT SUITABLE FOR OUTDOORS.

METAGENICS FITNESS  
EQUIPMENT (MF)



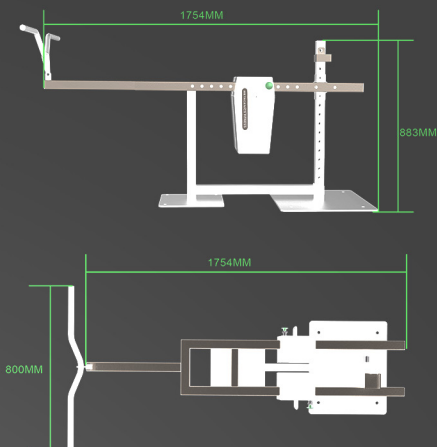
#### SPECIFICATIONS:

- MACHINE WEIGHT: 200-250 KG EACH.
- EACH MACHINE FEATURES METAL SANITIZER DISPENSER.
- MACHINES HAVE TO BE ANCHORED ON INDIVIDUAL CONCRETE PADS.
- THE LAT PULL DOWN AND SHOULDER PRESS HAVE ADJUSTABLE SEATS.
- SEATS PADS ARE MADE OF POLYURETHANE WITH RECYCLED COTTON BACKING.
- ALL MACHINES ARE DESIGNED TO BE USED BY INDIVIDUALS WITH HEIGHTS OF 1400 MM OR MORE.
- CONSTRUCTION OF STRUCTURAL TUBING USES SQUARE STEEL 50 \* 50 MM WITH 2.5 MM WALL THICKNESS.
- WEIGHT RESISTANCE RANGE FROM 10 LBS TO 200 LBS AND 250 LBS OF MAXIMUM RESISTANCE FOR THE SQUAT MACHINE.
- INDIVIDUAL EXERCISE CHART PER MACHINE SHOWING START AND FINISH POSITION OF THE EXERCISE MARKING THE MUSCLES USED.
- THE STEEL FRAME HAS WATERPROOF AND ANTICORROSION GALVANIZED HOT PAINT APPLIED TO MAKE IT SUITABLE FOR OUTDOOR AND ALL WEATHER CONDITIONS.

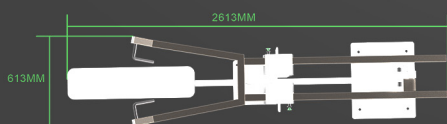
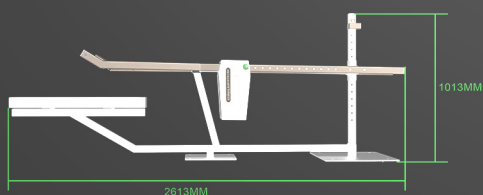
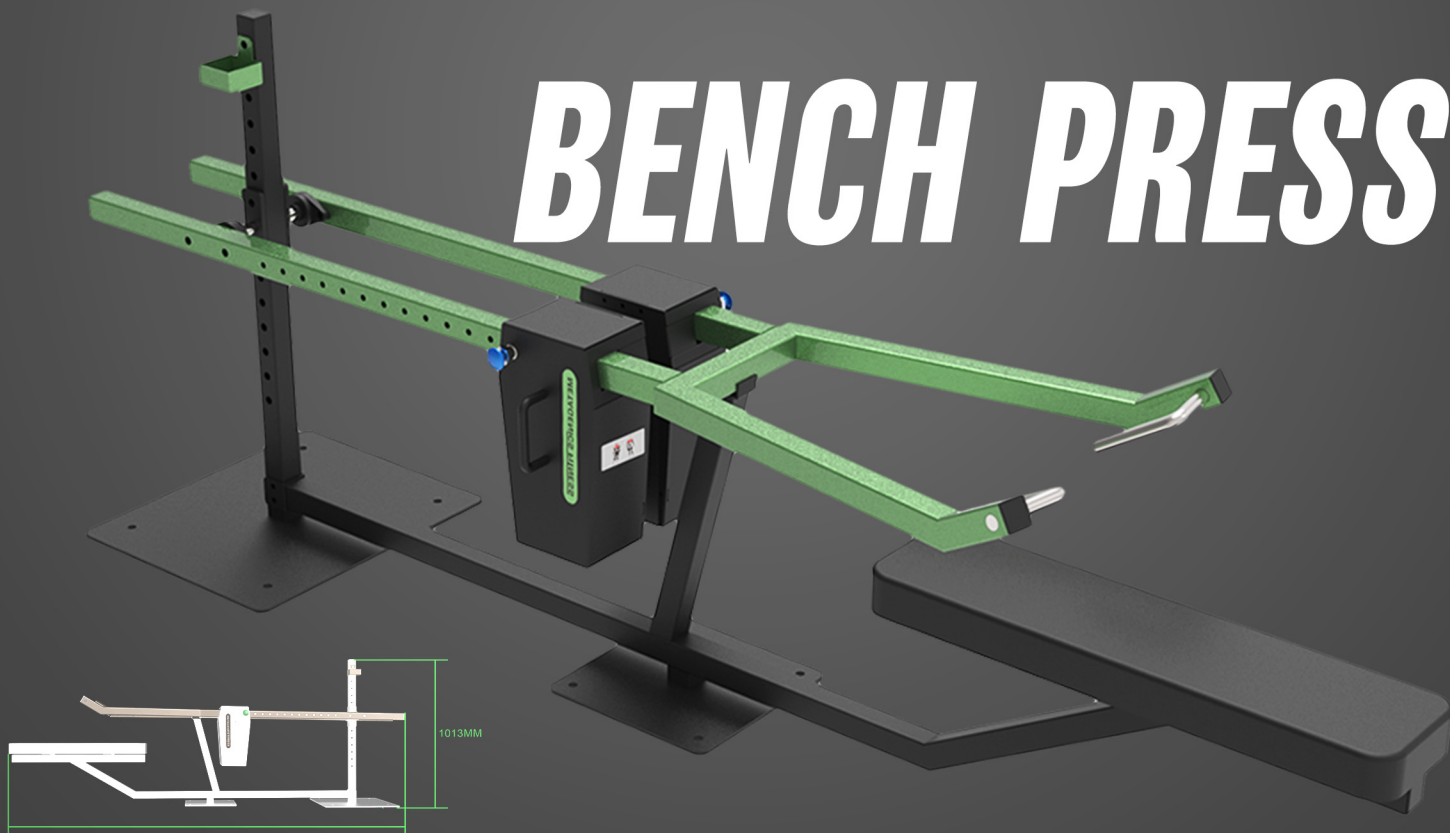
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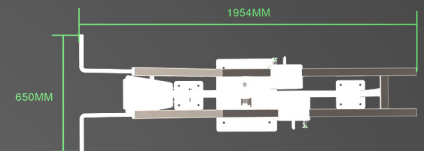
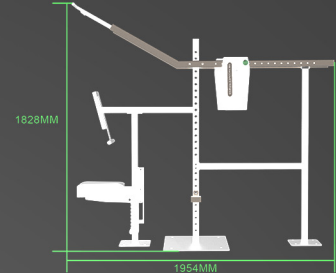
# BICEP CURL



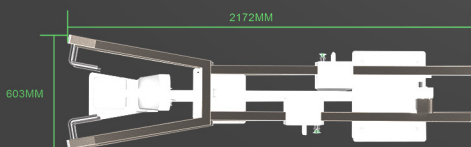
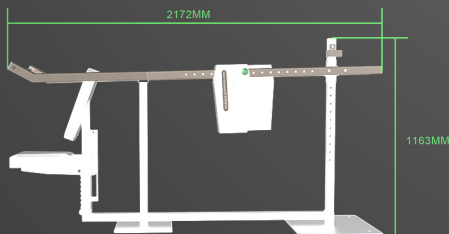
# BENCH PRESS



# LAT PULL DOWN

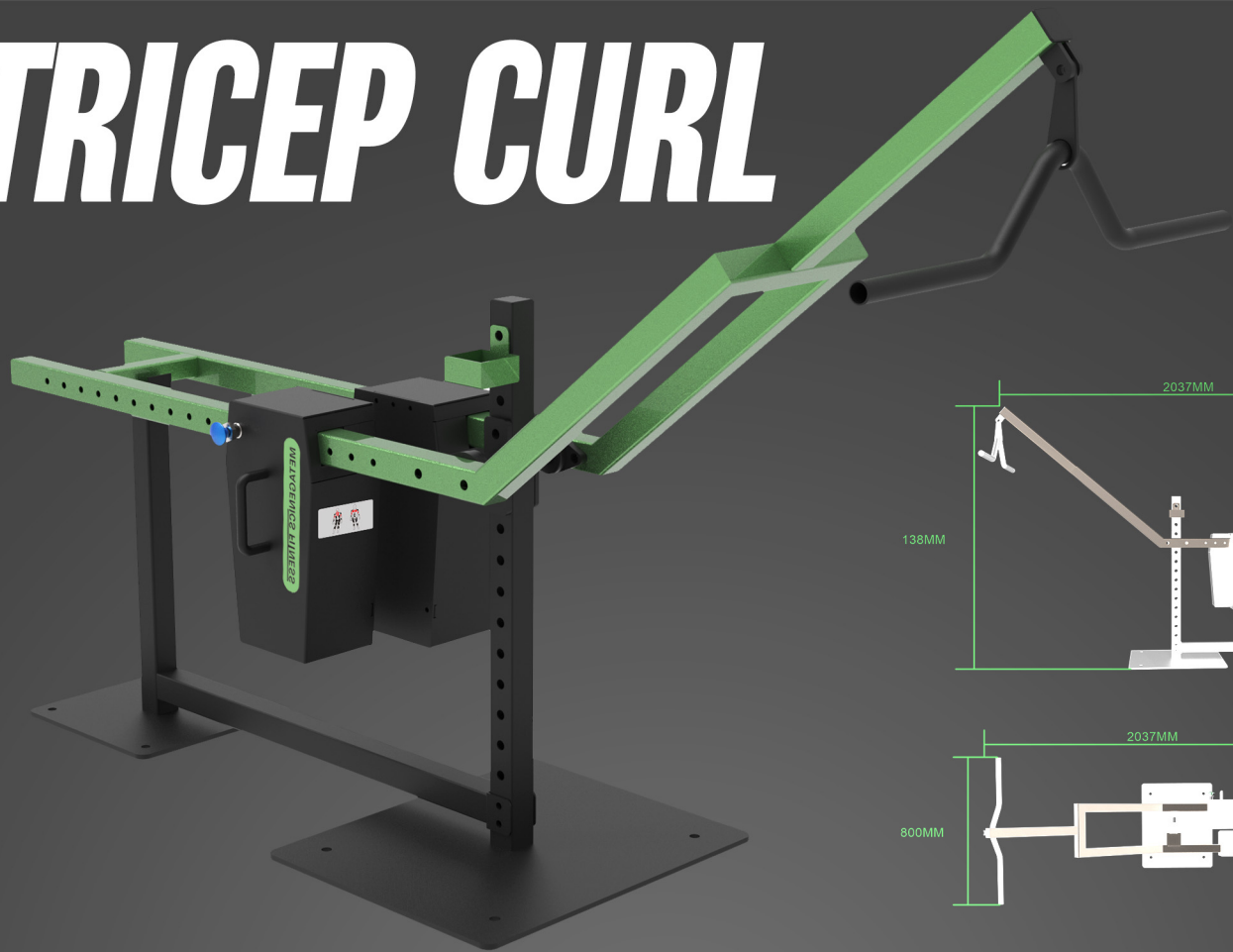


# SHOULDER PRESS





# TRICEP CURL



# SQUAT PRESS

